



NSS

UNIT 18 & 108

Annual Report 2019-20



**THE ZAMORINS GURUVAYURAPPAN
COLLEGE, POKKUNNU**

**ZGC UNIT 18 & 108 ANNUAL REPORT
NSS REPORT FOR THE YEAR 2019-20**

Award

ZGC NSS units conducted a variety of programmes during the year 2019-20. This year we received best programme officer award and two best volunteer awards. Dr. Meera P. I. received best programme officer award and Amrutha Sathya A and Preethi Sonkar received best volunteer award. Moreover, our NSS units received best unit award.



Award winning ceremony



Flood Relief Activities

We were actively participated flood relief activities.

On 10-8-2019 Collection point at Pokkunnu

On 10-8-2019 collection point at KSRTC BUS stand

On 10-8-2019 flood relief camp at ZGC started (10-8-2019 to 12-8-2019)

On 10-8-2019 flood relief camp at GHSS Azchavattam (10-8-2019 to 13-8-2019)

On 11-8-2019 Phenoil making as a part of flood relief

On 12-9-2019 data collection and data entry at collectorate

On 13-8-2019 Kalluthaan kadvu colony cleaning

On 13-8-2019 cleaning Azchavattam flood releif camp

On 15-8-2019 Independence Day programme survey meeting with Olavanna Block panchayath officials.

On 18-8-2019 packing work Olavanna Panchayath with Kudumbasree workers

On 18-8-2019 cleaning ward number 12th in Olavanna Panchayath

On 19-8-2019 Preparation for feild survey

On 20-8-2019 field survey Olavanna Panchyath

On 21-8-2019 cleaning and arranging the room for flood relief related electrical work.

On 15.22-8-2019 field survey of Kadalundy Panchayath

On 16. 22-9-2019 data entry work of flood relief at IPM Kozhikode

On 17.23-8-2019 data entry work of flood relief at Olavanna Panchyath

On 18. 26-8-2019 data entry work of flood relief at IPM

One collection point setup by NSS and assisted to setup other five collection points.

We have conducted flood related house survey during 20-8-2019 & 22-8-2019 in Olavnna and Kadalundi Panchyaths. More than 150 volunteers participated in this activity.

On 02-10-2020 ten students volunteered as flood related data entry for Olavanna Panchayath

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Collection Point at KSRTC Bus Stand



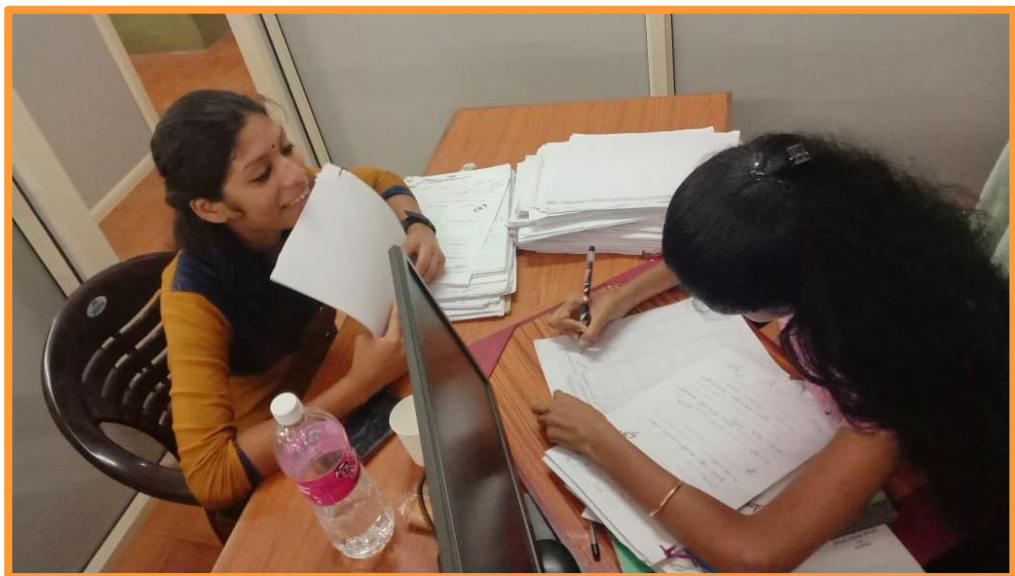
Azchavattam Camp



Phenoil production



Collectorate Flood Relief Team



Data entry work of flood relief at Olavanna Grama Panchayath

Kalluthan Kadavu
Cleaning



Poshan Abhiyan Awareness Campaign

We conducted door to door campaign and awareness programmes in the adopted village as well as other villages in Kozhikode district. 28th and 29th September, 90 NSS volunteers visited at about 900 household in different areas of Kozhikode district. Each volunteer prepared 10 pamphlets and distributed the pamphlets in the houses they visited. They interacted with the parents and children related to the importance of nutritious food and the problems related to obesity in their locality and distributed the pamphlets prepared by them to the houses in their



locality and give awareness among the parents and children of the age group 10-19 regarding the importance of nutritious food. 90 volunteers actively involved in door to door campaign and at about 900 houses covered. Moreover, they collected details about the food habits of the children in the houses.

On 30-09-2019, Poshan abhiyan awarness campaign to school students at GHSS Azchavattam. 13 NSS volunteers participated the event.



Poshan Abhiyan Pamphlet



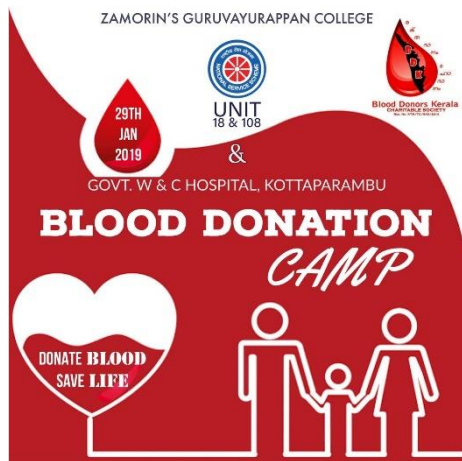
Poshan Abhiyan Azchavattam campaign

Blood Donation Camp

We conducted two blood donation camps in ZGC. Our first blood donation camp held on 01-10-2019 at ZGC in association with BDK Kozhikode.

On 29-01-2020 our second blood donation camp in collaboration with Govt. Women and Child Hospital Kottaparambu.





Cleaning and Painting

On October, 02-10-2019, our students volunteered for painting IPM. At the same day one group students actively participated in cleaning Kuthiravattam mental hospital and another group in beach hospital. One another group actively participated in campus cleaning.

On 08-10-2019 our students participated Butt road beach cleaning.

On 24-11-2019, cleaning Kutiravattam mental hospital, 30 NSS volunteers participated.

On 30-11-2019, cleaning and spending time with the inmates of Koduvally Agathi Manthiram. 25 NSS students participated.

On 13-01-2020 campus cleaning. On 13-01-2020, IPM carnival cleaning work.

On 19-01-2020, NSS volunteers participated Kozhikode beach cleaning in collaboration with corporation.

On 24-01-2020, Thondayad by-pass cleaning in collaboration with corporation.



Painting at IPM



Cleaning at Kuthiravattam Mental Hospital



Campus cleaning



Butt road beach cleaning



Kozhikode beach cleaning



IPM carnival cleaning work

Beautification and Planting Trees

On July our volunteers involved in campus beautification and tree planting.

Over hundred saplings were planted.



Quiz programme

On 03-10-2019 we conducted energy quiz programme in collaboration with KSEB Officer's Association.

Food fest

Food fest on 11-11-2019, 200 participants participated and got Rs.13000 as profit.

Renovation work

On 14-11-2019 renovate Anganvadi in our adopted village, 25 NSS volunteers participated the event. They painted the Anganvadi and participated the children's day celebrations.

Fund collection

On 01-02-2020, our NSS volunteers collected money from public for constructing house for the poor in relation with NSS jubilee celebration at Kozhikode bus stand and SM street.

Disaster Management Training Programme

On 09-10-2019, ten of our volunteers participated "Disaster management training programme" as a part of world mental health day organized by PSYCHO SOCIAL MOVEMENT.

On 16-10-2019 two volunteers participated in disaster management & basic life support class in connection with international disaster risk reduction day.



Disaster Management Training Programme

Curious Carnival

On 12-10-2019, our students participated curious carnival data launching programme at SM street and Beach.

On 08-12-2019, Curios 2020 promotion programme at beach.

On 10-01-2020 to 12-01-2020, Curios 2020, 100 volunteers participated as volunteers.





Awareness class

On 28-11-2019, conducted a class on Challenging Cancer, in association with Asianet. 100 NSS volunteers participated the class.

On 12-12-2019, transgender awareness class at ZGC by Social Justice Department.

On 28-01-2020, blood donation awareness class

On 06-02-2019, we conducted an awareness class on substance abuse among youth by Dr. Tom Varghese in collaboration with Vimukthi de addiction centre, beach hospital.



Blood Donation Awareness Class



Posters on awareness campaign

Survey

On 01-12-2019 conducted school survey in accordance with the order from district collector. 100 volunteers participated in the survey.

Household survey for MGREGS in collaboration with Olavanna Block Panchayat during the month of February 2020. 50 students involved for ten days.



Independence Day

On 15th of August, 2020 Independence Day was celebrated in the college premises. National flag was hoisted.

International day for elderly

Our 15 NSS volunteers lead cultural programmes for the elderly on 01-10-2019 at Meenangadi Grama Panchyath as a part of international day for elderly.

National integration day

On 31-10-2019 volunteers took pledge as a part of national Unity Day. On the same day NSS conducted essay writing competition as part of National integration day on the topic National integration and Sardar Vallabai Pattel among college students.

Differentially able day

On 28-11-2019 we conducted a flash mob as a part of differentially able day in association with Samgra Siksha Kerala, URC south Thiruvannoor unit.

Republic day

On 26th of January, 2020 Republic Day event was organized by NSS in the college premises. The National flag was hoisted.



Independence Day celebration



Celebration of International day for elderly
at Meenangadi Grama Panchyat

Volunteering

On 14-12-2019 National Inter College Cultural Fest volunteering.

18-12-2019, Doordarsan programme. Our NSS volunteers participated.

On 07-01-2020, NSS volunteers helped AIDS control society to get fund through selling the flower show coupon.

On 06-02-2019 our NSS volunteers volunteered to help Olavanna Panchyath to conduct pain and palliative care family get together. NSS volunteers conducted programmes for the participants.

On 14-02-2020, participated as volunteers in the all Kerala management fest at ZGC.



Pain and palliative care family get together inauguration at Olavanna Grama Panchayat

Volunteers inviting meet

On 25-01-2020, volunteers inviting meet by SOLACE at ZGC. 100 volunteers participated.



One day trip

27-10-2019 One day trip to Ooty.



Nature camp

On, 21-02-2020 & 22-02-2020, we received a nature camp at Parambikkulam Tiger Reserve forest from forest department. 40 NSS volunteers participated.





Special Camp

Two-day Special Camp

(19-10-2019 & 21-10-2019)

On 19-10-2019 & 21-10-2019 two-day special camp. Hundred volunteers participated.





Seven-Day Special Camp (From 21-12-2019 to 27-12-2019)

The seven-day special camp was began on 21-12-2019 at Pantheerankavuu higher secondary school, Kozhikode

First day, registration of the camp commenced at 2pm. 100 students registered to participate I the camp. The cleaning of class rooms meant for stay of the campers was over by 12.30 pm. Formed committees such as Project committee, Programme committee, Accommodation committee, Mess and kitchen committee, Health and sanitation committee, General discipline committee, Public relation committee, Reception committee and equipment committee during this session. Inaugural session started by 4.30 with the NSS Song.

Second day Volunteers visited about 100 houses to complete a survey on importance of solar energy conservation.

Third day Volunteers started the to recapture a volleyball court that was ruined by one feet of mud during flood. Volunteers worked hard and the people in surroundings do maximum support to them.

Fourth day Campers continue the work to recapture a volleyball court

Fifth day the entire group was splitted to three groups. One group moved to volley

ball court, near Pantheerankavu Village Office. Second group moved to Primary Health Centre, Pantheerankavu and third group moved to Mampuzha river bank in Kaimbalam.

First group continued the work on recovering volley ball court.

Second group cleaned the primary health centre with the instructions of health inspector.

Third group reached the bank of Mampuzha river. Volunteers planted one fifty Pranthan type mangroves in the bank of the Mampuzha river to protect the river to be collapsed.

Sixth day volunteers split to two groups. One group was sent to complete the volley ball court cleaning work. The other group was instructed to clean the camping campus and plant saplings.

The volley ball court and the surroundings of village office were cleaned.

Seventh and the final day of the camp, volunteers checked the cleanness of the campus. By 12.00 pm campers left the camp carrying with them carrying sweet memories





